
























JUNE 2010 MOON PLANTING GUIDE

MON	TUES	WED	THURS	FRI	SAT	SUN
	1 	2	3	4 	5 	6
7 	8 	9	10	11  	12  	13  
14 	15 	16	17	18 	19  	20 
21  	22 	23 	24	25 	26 	27
28	29	30				

GARDENER'S KEY

Planting Days



Fertilising Foliar Spray



Solids



Weeding



Winter Solstice (Yule)

June 21, 11:28 (AM) GMT



SEEDLING DELIVERY SCHEDULE

MONDAY

Mullumbimby Rural Co-op
Wards Landscape Supplies Mullumbimby
Mullum Herbal, Mullumbimby
Uncle Toms, Mullum Gateway
Brunswick Health Foods
True Value Hardware Ocean Shores

MONDAY NORTH

Wray Organic Palm Beach
Fresh Wholefoods Murwillumbah

TUESDAY

Lismore Organic Farmer's Market
Fundamental Foods, Lismore
Precious Plants Lismore
Lennox Head Garden Centre
FoodWorks Bangalow
Fundamental Foods, Byron Bay
Santos, Byron Bay
Riverview Nursery - Casino
Nursery On The Hill - Lawrence

WEDNESDAY

Fundamental Foods Paddington Brisbane

THURSDAY

Mullumbimby Rural Co-op
True Value Hardware Ocean Shores

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THE GROWER'S GUIDE June 2010

Farmer's Choice Organics

ORGANIC SEEDLINGS



With Love to Your Garden



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Oh Joy!

What a wonderful time to be in the garden. The days are mild but shorter and all the vegies are looking absolutely gorgeous. It makes you want to spend all day amongst the beautiful energy that is your winter garden.

A word of caution however, it's time to be more observant of your watering regime, balancing moisture levels and fertilising times become critical as less available light and lower temperatures influence your outcomes.

"Be mindful of water, because water is influenced by your intentions".

With Love to your Garden - Ness & Greg

The Magic of Water - A brief overview

Largely mistreated by western society, water is in us all and ever present in all life forms. Water is surely the bringer of sustainable life. It is said there are more types of water in the world than there are living beings. According to J Wilkes (inventor of flowforms) water cannot resist; it unselfishly accepts all manner of substances, carrying, dissolving and spreading itself out over any and all manner of objects and living beings.

The addition of a few ink drops into a vortex of water created in a glass vessel clearly shows veil-like surfaces spinning within the water. This demonstrates the concept of many surfaces sliding across and around each other. Water is also impressed by its experiences and surrounds with these impressions and vibrations being stored in its memory. Look at the Ganges River in India, one of the most diseased and polluted rivers in the world. Full of human effluent, disease, even the remains of funeral pyres, one cannot help but wonder how the Hindus still remain alive after drinking it. Hundreds of monks pray to the Ganges cleansing it with their mental and spiritual vibrations, over-riding the water borne diseases and effluent. Quite a miracle.

The cycles of water encompass fire, earth, air and of course water. A cycle, which can be regarded as a type of reincarnation, i.e. returning to the great body in the sky. During this cycle it not only cleanses itself, but absorbs the subtle energies from its transit through these different realms. The symbol H₂O seems to me a very crude description of a life giving element.

What of the vortex? This is a decidedly unusual phenomenon having the ability to increase its speed and size with no apparent outside force. Tornadoes, water spouts and the great black holes in the cosmos are just a few examples. One description of the vortex is known as implosion (the opposite to explosion) a type of moving compression fed by suction. These activities are believed by some to be a portal to another dimension caused when suction is compressed through movement. Victor Schaubberger's ideas about implosion technology could well provide pollution-free solutions to our present power generation.

Water is not about purity. Pure water is dead, lifeless and hungry, taking what it can to restore itself. The concept of purity is, I believe, alien to nature. After all, what is pure in nature? Isn't nature a complex fabric of symbiotic interactions between a myriad of beings? It is

continually growing up and then breaking down, providing a whole range of diversities or habitats for more life forms. The Hopi Indians describe it as the great wheel of life.

So next time you use water as a tool, remember it may well be around a lot longer than you and therefore deserves due respect.

Let's not treat water as our slave, but as the bringer of life.

Phil Sedgman.

www.livingwaterflowforms.com.au

TAX IN THE GARDEN

One of the principles of permaculture is that we expect to share some of our garden's produce with the Universe. The cost we pay for excluding chemicals from our food crops is the leaf and fruit that we know will be eaten by insects, birds and animals etc. but we allow this knowing these 'pests' have their place and their benefits to our lives and the environment.

Naturally we need to keep this predation under control and/or we need to grow sufficient quantity so that we still get our share.

No-one enjoys paying tax but perhaps we should look at tax as just one of the life's 'pests' with whom we are prepared to share in exchange for the benefits we get in the form of public services.

The trick is to keep the tax we pay to a manageable level and/or earn enough so that what is left for us meets our needs. We should aim to pay no more tax that we legally must to make our financial contribution to the community.

We can do this by seasonal tax planning. As we approach 30 June, look back at your year to date and if it has been a good one with relatively high income, look ahead a little and if you can identify expenses that you know you will have in the next few months, bring them forward to before 30 June to get the deduction into the 2010 financial year.

You might have some medium term plans for equipment purchases, repairs, manure or other consumables. If they are bought before 30 June, they may be able to be deducted from your 2010 income. If you have a loan, consider prepaying some future interest (but no more than 12 months) so the cost can offset this year's income. Prepay your insurance premiums. These strategies will help reduce the damage caused by the 2010 'tax pest'.

Consider making a contribution to superannuation before 30 June. This can be the best tax deduction of all because the super is effectively paid to yourself (although there are restrictions on when you can access these savings).

If you need some tax planning tips, see your accountant well before 30 June so that there is time to implement the strategies. Consider your accountant as your green manure crop.

Contributed by Bruce Garnett

Chartered Accountant, Tax Agent and amateur organic gardener.

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In the Garden with Carla

Aaaah! We can all breathe a sigh of relief now that summer has finally ended. Felt like it was the longest hottest summer ever and we've skipped Autumn and gone straight into Winter. With all the seasons in the garden, come different issues that we face and we need to prepare ourselves for the next seasonal challenge.

Personally I think that the weather patterns that we have been accustomed to in the past will be more unpredictable in the future so designing for disaster in our gardens will be more necessary than ever.

The locals would remember the black frost a few years ago that reeked havoc everywhere across this region and I think after that people thought more about what was more suitable to plant from then on. I was very lucky that while my neighbour's gardens were almost wiped out, I had only the slightest damage equivalent to a light frost. I put this down to my years of living in the Blue Mountains and the garden preparation for our long winter months of frost and snow.

Here are a few tips that may help with your garden this winter-

- Cover your vege bed with a frame of some sort eg. star post and poly pipe, metal cage or tom stakes and wire
- Use a cover that can be easily rolled back during the day like hessian or plastic
- Drink bottles with the bottom cut off and lid removed can be used as small cloches (great for rodent and pest control as well as self watering from the condensation build up)
- Intensive planting helps create warmth
- Mulch- use sugar cane or seed free grass mulch (dried)
- Create suntraps in your garden (more info available in Permaculture books/websites)
- An edge wall of bales around your garden remaining open to the north
- A heat reflective surface i.e. roofing iron- north facing, to help create extra warmth
- Wrap newspaper around the trunks of your trees
- In larger areas e.g. the orchard, let the grass/groundcover grow long. This also helps to protect the soil from moisture loss especially if you have clay (pug) soils which are highly reactive and develop large cracks during the dry winter months
- Good garden design and species selection
- Watering system on a timer to turn on before the sun rises
- And keep an eye on the forecast

I know that not planting plants that are frost sensitive is the best solution but if you're like me and want to grow a diverse range of food, it just means we have to put in a bit more effort.

Enjoy the winter months, it makes you feel alive, especially when your running to the loo in the middle of the night and it also a time for hibernation, eating soup, making bread and cheese and keeping the wood fires romantic.

So enjoy! Carla Tipping

Accredited Permaculture Teacher

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